

Master's theses in Health & Environmental Psychology

Building resilience through nature-based therapies

A growing body of research shows that spending time in and around natural settings such as parks, gardens, farms, mountains, rivers, and coasts can benefit mental and physical health, including among clinical populations (e.g. anxiety, depression, dementia etc.). We are currently looking to support MSc students work alongside ourselves and partners in a large international project (RESONATE <https://resonate-horizon.eu/>) investigating these issues across many countries including Austria, Bulgaria, Canada, Denmark, Italy, the Netherlands, Spain, Sweden, and the UK.

WE OFFER

- Experience working as part of a large, interdisciplinary, international team
- The opportunity to use data from a range of methodologies to suit your interests, from qualitative interviews to eye-tracking
- Regular team meetings with the post doc and PhDs students on the project here in Vienna, and the larger teams beyond

YOUR SKILLS

- English at C1 or above – the whole consortium works in English
- An interest in interdisciplinary work and perspectives
- Willingness to work as part of a team (as well as deliver a unique thesis)
- Determination to finish the MSc in two semesters (Oct-Sept)

Please send:

- a) a CV
- b) Grades to date
- c) an Expression of Interest (Max 500 words) to Mat White - mathew.white@univie.ac.at